

# INTERNAL/EXTERNAL POSTING



Inuuqatigiit-Centre for Inuit Children, Youth and Families is a multi service non-profit organization serving Inuit children and youth and their families, dedicated to providing cultural, educational, and support services in a caring, respectful and collaborative environment that fosters strong and proud Inuit children and families.

**Position #** 2024-132  
**Position:** Child and Youth Mental Health Counsellor  
**Posting Date** September 10,2024  
**Start Date:** ASAP  
**Hours:** Full-Time-37.5 hours per week  
Determinate until September 30<sup>th</sup>,2025, with possibility of extension based on fundings.  
**Salary Range:** Inuuqatigiit Centre offers a competitive wage and benefit package

## POSITION SUMMARY

Under the supervision of the Community Initiatives and Mental Health Manager the Child & Youth Mental Health Counsellor will be responsible for the provision of assessment and counselling services for Inuit children and youth. Services will be embedded in an Inuit cultural framework for mental wellness that combines western and Inuit specific knowledge and counselling practices.

## KEY DUTIES AND RESPONSIBILITIES

- Provide high quality evidence based and culturally centered counselling services for Inuit children and youth
- Deliver individual family, group counselling services to clients of the Agency
- Perform case management and develop individualized plans of care
- Offer specialized counselling for children, youth and/or parents/caregivers who are dealing with complex mental health issues including concurrent disorders
- Complete approved screening tools with clients
- Assess client's needs and make referrals when appropriate
- Support clients to identify counselling goals and strategies for achievement
- Ensure familiarity with all pertinent legislation
- Document individualized plan of care and/or safety plans
- Keep confidential case notes for all clients and review files with clinical supervisor
- Ensure both electronic and physical client files remain current
- Represent Inuuqatigiit at meetings, presentations and conferences with stakeholders, including partner agencies, funders and government
- Engage with various agencies and stakeholders to strengthen family support and engagement programs and services
- Meet all tracking, evaluation and reporting requirements of funder and Inuuqatigiit (maintaining project statistics, meeting project targets)
- Attend all staff and other meetings and professional development sessions as required; and

- Ensure timely submission of all administrative work in accordance with Inuuqatigiit practices
- Adhere to all Inuuqatigiit policies and procedures.

### **ACCOUNTABILITY**

- Accountable for the safety and security of clients, including:
  - On-going assessment of client status, possibility of harm to self or others and related mental health information
  - Developing holistic, culturally centred client care plans
  - Providing effective, culturally relevant mental counselling, crisis- intervention and support to children, youth and parents and/or caregivers
- Accountable for incorporating cultural counselling perspectives in client services
- Accountable for maintaining client confidentiality and privacy of personal information as per Inuuqatigiit's policies
- Accountable for the effective and efficient delivery of services in keeping with funding agreements

### **WORKING RELATIONSHIPS**

- Develop supportive and professional rapport with Inuuqatigiit staff; and
- Participate in problem-solving and conflict resolution when required.
- Foster positive relationships with participants using well known elements of relationship building e.g. attentive listening, empathy, non-judgmental, etc.

### **EXTERNAL COMMUNICATIONS**

- Communicate with clients on a regular basis
- Communicate and coordinate with internal and external service providers
- Advocate for clients with partner agencies to maximize client services

### **WORKING CONDITIONS**

- Demonstrate stress resistance and stamina in supporting needs of Inuit children, youth and parents and/or caregivers
- Physical activity associated with delivering services
- Physical ability to access multi-story building

### **KNOWLEDGE AND SKILLS**

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- Inuit descent preferred
- Fluency in Inuktitut would be a strong asset
- Knowledge of the needs of Inuit children, youth, families and/or caregivers
- Knowledge of trauma informed counselling
- Knowledge of Inuit and non-Inuit community services and supports
- Knowledge of western and traditional Inuit counselling practices
- Ability to communicate effectively orally and in writing
- Ability to operate computer systems and relevant software
- Ability to respond effectively in crisis situations
- Ability to work in a collaborative staff team environment
- Ability to function effectively in a high stress environment
- Possession of a valid driver's licence and having access to a vehicle would be considered as strong assets

## **QUALIFICATIONS AND REQUIREMENTS**

- Master's degree in social work or counselling
- Membership in a related professional college
- At least 3 years' experience in individual and group counselling, psychoeducation, case management, crisis intervention and recognized therapeutic approaches
- Experience counselling children and youth with complex mental health needs including concurrent disorders, such as PTSD, suicidal ideation and substance use concerns
- Experience working with Inuit or Aboriginal communities

**Please apply with a cover letter and up-to-date resume to:** Human Resources Department, at [jobs@inuugatiit.ca](mailto:jobs@inuugatiit.ca)

***Note that accommodations are available for applicants with disabilities throughout the recruitment process. If you require specific accommodations, please contact the HR Department through the information provided above, so that we can make suitable arrangements with you.***

***When two equally qualified candidates are considered for the same position, preference will be given to the candidate of Inuit descent.***

***We thank all who apply to this position. Only those applicants selected for an interview will be contacted.***