

# YOUTH MENTAL HEALTH SYSTEMS NAVIGATOR (INTERNAL/EXTERNAL POSTING)



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Inuuqatigiit Centre for Inuit Children, Youth & Families is a multi service non-profit organization serving Inuit children, youth, and their families, dedicated to providing cultural, educational, and support services in a caring, respectful, and collaborative environment that fosters strong and proud Inuit children and families.

<b>Position #</b>	2024-134
<b>Position Title</b>	Youth Mental Health Systems Navigator
<b>Posting Date</b>	September 16, 2024
<b>Start Date</b>	ASAP
<b>Hours</b>	37.5
<b>Position Status</b>	Full-time, Indeterminate
<b>Salary Range</b>	Inuuqatigiit Centre offers a competitive wage and benefit package

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## POSITION SUMMARY

Under the supervision of the Manager of Community Initiative and Mental Health, the Youth Mental Health Systems Navigator provides screening, assessment, referrals and advocacy for families who have youth experiencing addictions and/or mental health challenges. The Youth Mental Health Systems Navigator helps families negotiate health and social systems, overcome barriers and ensure seamless transition from one service to another and continuity of care for each individual.

## KEY DUTIES AND RESPONSIBILITIES

### Client care including:

- Provide case management to youth and their families/caregivers in order to help them navigate and understand service systems and ensure that they are receiving services they need.
- Conduct screening and brief assessment in both individual and group formats using common tools and protocols.
- Working with clients, families and caregivers, create a navigation strategy that will lead to quality service, maximize collaboration, and streamline and integrate services.
- Make referrals to addictions services, mental health services, and other services as required.
- Coordinate referrals received for Inuuqatigiit's mental health team.

- Engage and coordinate with children/youth, families and professionals to implement the Indigenous Integrated Plan of Care (IPC) process as appropriate.
- Assist with preparing and submitting Child First Initiative applications
- Promote Inuit beliefs, values and traditions that enhance health.
- Engage in supportive counselling and support to children/youth require, using a balance of approaches to meet individual needs (e.g. activities, one-on-one referrals, home and school visits, crisis intervention, cultural and community connection);
- Work in collaboration with other professionals in addressing mental health issues for children/youth.
- Coordinate case management meetings, including minute taking and communications.
- Actively represent Inuuqatigiit at meetings, presentations, and conferences with stakeholders, including partner agencies
- Engage with various agencies and stakeholders to strengthen mental health programs and services.
- Establish relationships that benefit the delivery of mental health programs and services.
- Adhere to and promote the mandate and mission of Inuuqatigiit;

## **KNOWLEDGE AND SKILLS**

- Written and spoken fluency in Inuktitut an asset
- Experience working with Inuit or Indigenous communities
- Knowledge of the needs of Inuit youth
- Knowledge of Inuit culture and community
- Knowledge of Inuit and non-Inuit community services and supports
- Ability to communicate effectively orally and in writing
- Ability to work in a collaborative staff team environment
- Ability to function effectively in a high stress, high noise environment
- Ability to respond effectively in crisis situation
- Flexibility, enthusiasm, and commitment to youth

## **QUALIFICATIONS & REQUIREMENTS**

- Inuit descent preferred; fluency in Inuktitut would be an asset.
- Professional diploma or degree in Social Work or related field of study.
- Minimum of **2** years' experience providing mental health services
- An acceptable combination of related education, work and life experience may be considered
- Experience in facilitating meetings, navigating mental health and social service systems, advocating to meet client needs
- Mental health first aid and ASIST training considered assets.
- Experience working with families involved with Children's Aid Society of Ottawa.
- Experience working with Inuit or Indigenous communities.
- Knowledge of the needs of Inuit children and families.
- Knowledge of Inuit and non-Inuit community services and supports.

- Ability to communicate effectively orally and in writing.
- Ability to operate computer systems and relevant software.
- Strong organizational, program planning and problem-solving skills
- Ability to respond effectively in crisis situations.
- Ability to work in a collaborative staff team environment.
- Driver's license and access to a vehicle are assets

**Please apply with a cover letter and up-to-date resume to:** Human Resources Department, at [jobs@inuuqatigiit.ca](mailto:jobs@inuuqatigiit.ca)

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***Note that accommodations are available for applicants with disabilities throughout the recruitment process. If you require specific accommodations, please contact the HR Department through the contact information provided above, so that we can make suitable arrangements with you.***

***When two equally qualified candidates are considered for the same position, preference will be given to the candidate of Inuit descent.***

***We thank all who apply for this position. Only those applicants selected for an interview will be contacted.***